

**WAC 36-14-1063 Seconds.** (1) During a contest a second may:

(a) Coach at ringside or in the ring or cage during the break between rounds;

(b) Stop bleeding from cuts;

(c) Reduce swelling;

(d) Provide water or other cooling-down techniques.

(2) No more than four seconds can assist each participant during a contest.

(3) Seconds shall remain seated during rounds and shall not excessively coach a participant during rounds.

(4) Before a contest begins, a chief second for each participant shall be identified for the inspector and the referee.

(5) Seconds shall not enter a ring or cage until the sounding device indicates the end of a round. Seconds shall leave the ring or cage at the sound of the timekeeper's sounding device that is given ten seconds before a round begins. Seconds shall remove all items in the ring or cage and on the ring platform prior to the sound indicating the beginning of a round.

(6) The chief second shall signal the referee to stop the fight by mounting the ring or cage platform or stairs during a round.

[Statutory Authority: RCW 43.24.023, 67.08.015, and 67.08.017. WSR 13-21-149, § 36-14-1063, filed 10/23/13, effective 12/1/13.]